

WDMH Telemedicine Mental Health Clinic Referral Guidelines

For reference only

PLEASE MAKE SURE TO INCLUDE A CONSULT LETTER WITH THE REFERRAL FORM

**Use as a reference guide to assist in completing the Telemedicine Referral Form and Consult letter*

**Specific details will help the psychiatrist with patient assessment and treatment recommendations*

- 1) What does this patient appear to have, symptoms, etc. and/or any previous psychiatric diagnosis?
- 2) How does this diagnosis and/or symptoms affect the patient's life, family, job, ADL's?
- 3) Has this patient been presenting to your office and/or Emergency department regularly with increased anxiety, symptoms of depression, and/or inability to cope with daily life activities, etc. If so, explain in detail.
- 4) Does this patient have family to look after? If so explain.
- 5) Past family history, stressors, medical, and/or financial?
- 6) Does this patient have a job? If yes, what type of job, are there any past or present stressors at work? If no job, why? Have they been let go, did they quite, why were they let go or why did they quit?
- 7) Is this patient on any medications a) psychotropic and/or b) other medications? If yes, what ones, what dosage, and for how long have they been taking these medications, have they been titrated, are they having any positive effects or side effects, if yes explain in detail?
- 8) If patient is not on any medications why not, did they have side effects, are they reluctant to try, did they not have any good effect from previous meds?
- 9) Have they had any previous Psychotherapy or counselling? If yes when and for how long, do you have any reports from previous doctors, if not can you have reports faxed to your office.